



## Our Lady of Sorrows

Traditional Catholic Mission Central Texas

### Upcoming Mass Details:

Sunday, March 8, 2026

Sunday, March 22, 2026

Confession 4:30pm – Mass 5:30pm

Courtyard by Marriott Austin Dripping Springs – Meeting Room #2

1002 Rob Shelton Blvd, Dripping Springs, TX 78620

### Contact information:

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### Note From Father

Dear Faithful,

I returned Monday from the making my way through all of the northern missions to bring Blessed Ashes for the start of Lent. It was a very good, albeit very tiring, trip. We also had two babies baptized in North Dakota during the trip too! It is pretty funny washing away their sin one minute by pouring water upon their heads and then reminding them that they are sinners the next minute by marking that same little head with ashes.

On Friday, we had the funeral for a sweet woman who was an “11th hour conversion”. Elaine had grown up protestant all her life and then later converted to the Novus Ordo. At a certain point, she happened across Bp. Nkamuke on social media and they began messaging. The good bishop learned that she was interested in the Latin Mass and understood some of the problems in the Novus Ordo...when he asked where she lived, he realized she was just a short distance from St. Gertrude’s! Elaine started to attend and was working to being conditionally baptized because the Novus Ordo failed to do this when she suddenly fell very ill and it was clear she would soon most likely die. Fr. Simpson conditionally baptized her, heard her confession, gave her extreme unction, and the apostolic blessing. The next day, Bp. McGuire went and confirmed her, and she died a few hours later! *Deo Gratias!!* What was at the core of such a beautiful conversion?...The Rosary, of course! She recited all 15 decades every day and this was no doubt the means of her graces for such a wonderful and privileged death. Certainly, a reminder for us to return again and again to our beads!

In Christ, *Fr. Stephen McKenna*

### Set Your Missal

Lent II, second collect of Our Lady & all the Saints, third for the Church. Trinity Preface.

### Fasting in Lent

*By Richard Challoner*

Consider first, that a fast of forty days has been recommended by the law and the prophets, and sanctified by the example of Christ himself. Moses fasted forty days, (Exod. xxiv. 18,) whilst he conversed with God in the mountain, when he received the divine law. And again, when the people had sinned, he returned to the Lord, to the mountain, and fasted other forty days, Exod. xxxiv. 28. Elias fasted forty days in the wilderness, before he came to the mountain of God, where he was favoured with the vision of God, as far as man is capable of seeing Him in this life, 3 Kings xix. 8. Christ our Lord, before He entered upon His mission of preaching His Gospel, retired into a wilderness and there employed forty days in prayer and fasting, St. Matt. iv. 2. How happy shall we be, if, by imitating according to our small ability, these great examples, we may also draw near to God, by this forty days’ fast of Lent! But then, in order to this, we must join, as they did, retirement and much prayer with our fasting.

Consider 2ndly, that the forty days fast of Lent amongst Christians, is primitive and apostolical: it began with Christianity itself, and with Christianity has been received by all people and nations which have received the faith and law of Christ. Embrace then, O my soul, this solemn penitential fast, this apostolical practice, this precious remnant of primitive discipline. But see it be with a penitential spirit. 'Behold, now is the acceptable time, behold, now is the day of salvation,' 2 Cor. vi. 2. Take thou care not to receive so great a grace in vain. These forty days, if thou make good use of them, will be happy days to thee. 'O seek the Lord whilst He may be found, call upon Him while He is near.' Isaias lv. 6

Consider 3rdly, that the great business of Lent is to do penance for our sins, to go daily with Magdalene to the feet of Christ, to wash them in spirit with penitential tears, to make our confession to Him, and to lay down all our sins at His feet, begging that He would cancel them with His precious blood; to renounce them for ever, to detest them, and bewail them in His sight; to offer Him our poor hearts with all our affections, in order to make Him the best amends we can for our past disloyalties, by loving Him with all our power for the time to come, that, as He said of Magdalene, St. Luke vii. 47, 'Many sins are forgiven her, because she hath loved much,' so He may also say of us. In this spirit we should make a daily offering of our fasting, and of all other self-denials and penitential exercises of this time, to be united to the passion and death of the Son of God, and so to be accepted of, through Him, in satisfaction for our sins. O do this, my soul, during these forty days, and thou shalt live.

Conclude to make good use of this holy time, in which mercy flows. O admire and adore that mercy which has endured thee so long, and which presses thee now, at least, to return to Thy God. O take care lest, provoked by thy impenitence, He cut thee off in thy sins.

### **Act of Reparation**

The Cross is my sure salvation. The Cross I ever adore. The Cross of my Lord is with me. The Cross is my refuge.

*Come, let us adore.*

Between the porch and the altar, the priests, the Lord's ministers, shall "weep, and shall say: Spare, O Lord, spare Thy people; and shut not the mouths of them that sing to thee, O Lord."

*Come, let us adore.*

Let us change our garments for ashes and sack-cloth: let us fast and lament before the Lord: for God is plenteous in mercy to forgive our sins.

*Come, let us adore.*

Attend, O Lord, and have mercy, for we have sinned against Thee. Help us, O God, our Savior and for the honor of Thy Name, O Lord, deliver us.

*Come, let us adore.*

Have mercy on me, O God, have mercy on me: for my soul trusteth in Thee. He hath sent from heaven, and delivered me; He hath made them a reproach that trod upon me.

*Come, let us adore.*

Help us, O God our Saviour; and for the glory of Thy Name, O Lord, deliver us: and forgive us our sins for Thy Name's sake.

*Come, let us adore.*

O Sacrament most holy, O Sacrament divine, All praise and all thanksgiving be every moment Thine!

*(3 times)*

*Then say ten times*

*Our Father, Hail Mary, Glory be.*

V. Let us every moment praise the Most Holy Sacrament.

R. May our God, present in the Sacrament, be now and ever praised.

*Prayer:*

Eternal Father, I unite myself with the intentions and affections of our Lady of Sorrows on Calvary, and I offer Thee the sacrifice which Thy beloved Son Jesus made of Himself on the Cross, and now renews on the altar:

First, to adore Thee and give Thee the honor which is due to Thee, confessing Thy supreme dominion over all things, and the absolute dependence of everything upon Thee, Thou Who art our one and last end.

Second, to thank Thee for innumerable benefits received. Third, to appease Thy justice, irritated against us by so many sins, and to make satisfaction for them. Fourth, to implore grace and mercy for myself, for... for all afflicted and sorrowing, for poor sinners, for all the world, and for the holy souls in Purgatory.

As I kneel before Thee on the Cross, most loving Saviour of my soul, my conscience tells me it was I who nailed Thee to the Cross with these hands of mine, as often as I have fallen into mortal sin, wearying Thee with my monstrous ingratitude. My God, my chief and most perfect Good, worthy of all my love, seeing Thou hast ever loaded me with blessings, I cannot now undo my misdeeds, as I would most willingly, but I can and will loathe them, grieving greatly for having offended Thee Who art infinite Goodness. Amen.

## Monday in Lent II

**Reading:** By act, not less forcibly than word, did Gertrude manifest the humility of her heart. “Abbess of the monastery for forty years,” writes one of her companions, “she was most faithful in her attentions to the infirm, recreating with them as a mother with her children, and never hesitating to perform the lowest and most menial offices for them. She was first to sweep the house; and for a long time, this part of the manual work she did entirely, until the example of her humility had vanquished the repugnance of the Sisters to share it.”

**Thought:** Do I take initiative when it comes to the unpleasant chores around the house? Or do I wait to see if someone else will volunteer first?

**Resolution:** I will do the work that no one likes to do...and without complaining either internally or externally.

## Tuesday in Lent II

**Reading:** Gertrude wished to please the most innocent Heart of Jesus; and she took great pains to preserve the lily of virginity in all its whiteness and fragrance. Those who were best acquainted with her, attest that she never looked upon a man’s face, so that by the countenance alone she could never have recognized even those who visited her most frequently.

**Examination:** Do I allow my eyes to wander? Do I find it difficult to discipline my eyes? Do I allow myself to look at things forbidden by God’s Commandments?

**Resolution:** I will practice a modest custody of the eyes today. I will not watch TV or look at social media today.

## Wednesday in Lent II

**Reading:** “Each time that the Sister recited any words referring to the chastity of the Blessed Virgin, such as these: *‘Domus pudici pectoris; clausa parentis viscera,’* etc., all the Saints rose up, and revered her as their Queen and Mistress, returning most fervent thanks to God for all the favors which He had granted to men through her. The Archangel Gabriel appeared also as if arrayed in a new brilliancy each time that the Annunciation was mentioned, which was effected by his ministry; and at the name of St. Joseph, the spouse of the Virgin Mother, all the Saints made a profound inclination to him, testifying, by the serenity and sweetness of their looks, that they rejoiced with him for exalted dignity.”

– *The Life and Revelations of St. Gertrude*

**Resolution:** I will offer one extra decade of the Rosary in honor of St. Joseph.

## Thursday in Lent II

**Reading:** One day St. Gertrude offered a painful duty to the Eternal Father, saying: “Lord, I offer Thee this action through Thy

only Son, in the power of the Holy Ghost, for Thy eternal glory.” And it was made known to her that this intention gave an extraordinary value and price to her work, and elevated it above a mere human action; and that this offering was very agreeable to God the Father. And even as objects appear green when seen through green glass, or red when seen through red glass, so all that is offered to the Eternal Father through His only Son becomes most pleasing and acceptable to Him.

**Resolution:** To offer any disagreeable duty to God using St. Gertrude’s words: “Lord, I offer Thee this action through Thy only Son, in the power of the Holy Ghost, for Thy eternal glory.” If you cannot remember the prayer, simply say: “All for Thee, Jesus.”

## Friday in Lent II

### *The Holy Shroud*

**Meditation:** Our Lord said to St. Gertrude: “It would be useful for men to know the advantage they will derive from remembering constantly that I, the Son of the Virgin, stand always before God the Father, so that if they should, through human weakness, commit a sin, I offer God My spotless Heart for them; if they sin again, I offer God My spotless Heart for them; if they sin again, I offer Him My pierced hands; and it is the same for all the other sins they commit; My innocence appeases the Father’s anger. If they remember this, they will repent and without difficulty obtain forgiveness. For this reason I desire that My elect, when they have had their sins

forgiven, should render Me continual thanksgiving because they have been so easily heard.”

**Prayer:** O Lord Jesus, compassionate Pelican, Who hast cleansed us unclean in Thine own Blood, I give Thee thanks for the sweet and adorable Wound of love which Thou didst receive on the cross, when Thine all-conquering love opened Thy sweet-flowing Side, and wounded Thy most sacred Heart with an arrow of love. Blessed forever be that life-giving stroke and that most hallowed Wound; and blessed be the adorable Blood, and the water of salvation which gushed forth from it, to wash away all our sins! Wash me, unclean, O compassionate Jesus, in that cleansing water; anoint my feeble soul, and quicken it with that sacred Blood; and grant that at my last hour my portion and heritage may be but one drop of that divine stream. O most loving Jesus, by Thy pierced Heart, I pray Thee, wound my heart with that arrow of love; so that nothing of earth may abide in it more, but that it be filled with Thy glowing love alone forever. Amen.

### Saturday in Lent II

**Reading:** Gertrude celebrated Our Lady’s festivals with a joyful heart, and on these days expected special favors from her beloved Mother. Mary herself more than once condescended to associate the humble virgin with her in the joys of her Divine Maternity. From Christmas to Candlemas, Gertrude received so many tokens of love from the

Divine Child and His Blessed Mother that without supernatural aid her heart could scarcely have borne the excess of love and grace.

**Resolution:** To spend fifteen minutes in meditation on a mystery of the Rosary; to recite five decades of the Rosary; and to receive Holy Communion in reparation for the offenses committed against Our Lady.

### Third Sunday of Lent

*“Brethren, be ye followers of God, as most dear children; and walk in love, as Christ also hath loved us...” – Today’s Epistle*

**Reading:** The human heart is like a fire beneath a furnace. A perpetual fuel is necessary to keep it burning, a constant draught must always fan it. Gertrude understood this law of love. For this reason she had constant recourse to the Sacred Heart, this divine fire of charity, in order to draw from it new fervor, and on her side she made continual efforts to love more.

**Resolution:** I will ask the Sacred Heart each day to increase my love for Him, since at the end of our life we will all be judged on charity.

**Prayer:** Heart of Jesus, burning with love of us, inflame our hearts with love of Thee.  
*(1 time)*

Sweet Heart of Jesus, be my love; Sweet Heart of Mary, be my salvation. *(3 times)*

## Lent with St. Gertrude the Great



### Daily Thoughts and Prayers Lent 2026

*Daily short morning offering for Lent:*  
“Lord, I offer Thee my actions through Thy only Son, in the power of the Holy Ghost, for Thy eternal glory.” – St. Gertrude